

TRIATLON SOKOŁA - 14.07.2018 - SOKOŁÓW MAŁOPOLSKI - WYNIKI

Pozycja Open	Pozycja Kategoria	Pozycja OPEN K/M	Nazwisko	Team	KAT	Numer	Pływanie 750m	T1	Rower 20km	T2	Bieg 5km	Czas łączny	DNF
1	1	1	HORODECKI KRZYSZTOF	GB SPORT	OPEN M	77	00:11:37 (3)	00:00:58	00:33:06 (4)	00:01:05	00:20:00 (1)	01:06:46,64	
2	2	2	DYBEK MATEUSZ	KINESIS FIZJOTERAPIA	OPEN M	34	00:11:01 (1)	00:00:52	00:33:44 (8)	00:01:08	00:20:50 (7)	01:07:34,39	
3	3	3	KOZIOŁ ŁUKASZ	KB MARATOŃCZYK DĘBICA	OPEN M	70	00:12:24 (6)	00:01:10	00:33:24 (6)	00:01:14	00:20:05 (2)	01:08:16,88	
4	1	4	DZIOREK TOMASZ	SPRINT GORZYCE	M30	40	00:11:38 (4)	00:00:56	00:34:21 (11)	00:01:14	00:20:35 (5)	01:08:44,21	
5	2	5	RZESZUTEK MISIEK	GB SPORT/SUPERCORAL.PL	M30	14	00:13:23 (12)	00:01:10	00:33:06 (3)	00:01:09	00:21:35 (9)	01:10:22,56	
6	3	6	JUREK PRZEMYSŁAW		M30	90	00:11:22 (2)	00:00:43	00:33:51 (9)	00:01:21	00:24:10 (35)	01:11:26,38	
7	1	7	PROSZOWSKI PIOTR	STALOWOWOLSKI KLUB BIEGACZA	M40	79	00:14:28 (20)	00:02:23	00:32:44 (2)	00:01:21	00:20:35 (6)	01:11:31,11	
8	2	8	SZADKOWSKI KRZYSZTOF	GRUPETTO GORLICE	M40	65	00:14:33 (22)	00:01:02	00:33:25 (7)	00:01:25	00:21:35 (10)	01:12:01,10	
9	3	9	SUŁKOWSKI MACIEJ	TRIATHLON JAROSŁAW	M40	29	00:12:40 (9)	00:01:24	00:35:56 (17)	00:01:52	00:20:55 (8)	01:12:46,78	
10	4	10	ŁUKASZCZYK MARCIN	KLUB ZDROWEGO STYLU ŻYCIA - BIŁGORAJ	M30	46	00:11:50 (5)	00:01:53	00:34:07 (10)	00:01:58	00:23:00 (20)	01:12:48,40	
11	1	11	LEŚNIEWSKI ANDRZEJ	POLITECHNIKA WARSZAWSKA	M50	17	00:12:29 (8)	00:02:00	00:37:29 (28)	00:02:02	00:20:10 (3)	01:14:10,58	
12	4	12	WEGIERA ANDRZEJ	TRIATHLON LUBLIN TEAM	M40	18	00:14:57 (28)	00:01:40	00:34:34 (12)	00:01:25	00:22:30 (17)	01:15:05,25	
13	1	13	JANUSZEWSKI PIOTR	EUROCLEAR RUNNING TEAM	M20	74	00:13:10 (11)	00:00:42	00:36:14 (19)	00:01:03	00:24:00 (31)	01:15:09,09	
14	5	14	BANAŚ ŁUKASZ	GB SPORT/BISBUD TEAM	M30	24	00:14:21 (18)	00:01:31	00:35:25 (15)	00:01:24	00:22:30 (19)	01:15:12,05	
15	6	15	KSIĄŻEK KRZYSZTOF	DĘBICKI KLUB KOLARSKI GRYF	M30	67	00:15:38 (37)	00:01:39	00:33:11 (5)	00:01:26	00:23:25 (24)	01:15:17,73	
16	2	16	JACHIMOWSKI BARTŁOMIEJ	31 BATALION LEKKIEJ PIECHOTY	M20	5	00:14:40 (23)	00:01:27	00:36:40 (23)	00:01:10	00:21:35 (11)	01:15:32,07	
17	7	17	KMIECIK PAWEŁ	AKADEMIA TRIATHLONU JAROSŁAW	M30	64	00:14:13 (16)	00:01:15	00:37:35 (30)	00:01:04	00:21:40 (12)	01:15:45,96	
18	5	18	MAJKA WALDEMAR		M40	7	00:16:20 (41)	00:02:20	00:34:43 (13)	00:01:34	00:22:25 (16)	01:17:23,37	
19	8	19	GALA PIOTR		M30	82	00:14:23 (19)	00:01:42	00:36:36 (22)	00:01:47	00:23:13 (21)	01:17:41,10	
20	9	20	OSTROWSKI MACIEJ	AKADEMIA TRIATHLONU JAROSŁAW	M30	1	00:12:27 (7)	00:01:34	00:40:18 (51)	00:01:06	00:22:30 (18)	01:17:54,68	
21	10	21	KAMECKI TOMASZ		M30	26	00:13:26 (13)	00:01:45	00:37:34 (29)	00:01:26	00:24:00 (30)	01:18:11,42	
22	6	22	SOCHACKI DANIEL	TRIATHLON LUBLIN TEAM	M40	48	00:15:00 (31)	00:01:35	00:36:18 (20)	00:01:21	00:24:40 (40)	01:18:53,91	
23	7	23	LEŚKO PAWEŁ		M40	23	00:13:28 (14)	00:02:06	00:36:07 (18)	00:01:57	00:25:30 (49)	01:19:08,52	
24	8	24	PORĘBA MARIUSZ	ASSECO ACTIVE TEAM	M40	20	00:15:00 (30)	00:01:21	00:37:56 (32)	00:01:22	00:23:35 (27)	01:19:12,98	
25	3	25	KUKLIŃSKI ARKADIUSZ	ZG REJON	M20	57	00:13:33 (15)	00:01:57	00:38:45 (36)	00:01:09	00:24:10 (36)	01:19:34,45	
26	2	26	ZIENTAL DAREK	ROCK & ROWER TEAM	M50	91	00:14:46 (25)	00:01:04	00:36:53 (25)	00:01:25	00:25:30 (50)	01:19:36,90	

**TRIATLON SOKOŁA - 14.07.2018 - SOKOŁÓW MAŁOPOLSKI - WYNIKI**

Pozycja Open	Pozycja Kategoria	Pozycja OPEN K/M	Nazwisko	Team	KAT	Numer	Pływanie 750m	T1	Rower 20km	T2	Bieg 5km	Czas łączny	DNF
27	1	27	POLAK KRZYSZTOF		M60	27	00:16:44 (48)	00:01:37	00:32:27 (1)	00:02:02	00:26:55 (59)	01:19:44,86	
28	11	28	JEMIOŁO HUBERT	TAKICH DWÓCH	M30	21	00:16:33 (44)	00:01:57	00:36:32 (21)	00:01:04	00:23:59 (29)	01:20:04,98	
29	9	29	WŁOSZCZYNA KONRAD		M40	84	00:14:52 (26)	00:02:19	00:36:43 (24)	00:02:11	00:24:06 (34)	01:20:10,27	
30	10	30	RADZIWIŃSKI MARCIN	GB SPORT	M40	63	00:14:32 (21)	00:01:01	00:39:21 (41)	00:01:31	00:24:04 (32)	01:20:28,90	
31	11	31	SANECKI ROBERT	SPRINT GORZYCE	M40	37	00:15:46 (39)	00:02:18	00:35:46 (16)	00:01:52	00:25:10 (44)	01:20:53,27	
32	12	32	POPIOŁEK KRZYSZTOF	KRAKERS	M30	59	00:17:46 (58)	00:01:57	00:35:08 (14)	00:01:22	00:24:44 (42)	01:20:56,93	
33	4	33	PRZYWARA WOJCIECH		M20	28	00:17:01 (50)	00:02:12	00:39:11 (39)	00:01:12	00:22:22 (15)	01:21:57,23	
34	1	34	KARPIK KONRAD		M18	47	00:14:15 (17)	00:02:04	00:38:12 (33)	00:01:40	00:26:00 (53)	01:22:12,03	
35	13	35	LEW RADOSŁAW	PRATT & WHITNEY RZESZÓW	M30	49	00:17:08 (51)	00:01:51	00:37:27 (27)	00:01:31	00:24:40 (41)	01:22:36,63	
36	5	36	MAJCHROWICZ DAMIAN	MKS RADKA	M20	81	00:15:08 (33)	00:02:24	00:42:11 (65)	00:01:02	00:22:10 (14)	01:22:53,31	
37	12	37	TROJANOWSKI KRZYSZTOF	VELO ĆMIŁÓW	M40	86	00:16:03 (40)	00:01:55	00:37:41 (31)	00:02:03	00:25:28 (48)	01:23:08,65	
38	13	38	KIMAK PAWEŁ	PZU ST	M40	22	00:16:37 (46)	00:01:44	00:39:58 (46)	00:01:32	00:23:18 (23)	01:23:09,41	
39	6	39	KOZA KAMIL	-	M20	85	00:22:17 (84)	00:01:49	00:36:57 (26)	00:01:53	00:20:34 (4)	01:23:29,04	
40	14	40	KRETOWICZ DOMINIK		M30	60	00:18:02 (61)	00:01:42	00:39:34 (44)	00:00:57	00:23:14 (22)	01:23:29,80	
41	1	1	KOCHANIEC-MATUSZAK KAROLINA	TRIATHLON LUBLIN TEAM	OPEN K	15	00:14:45 (24)	00:01:34	00:40:47 (56)	00:01:23	00:25:17 (46)	01:23:46,85	
42	3	41	LATAWIEC ANDRZEJ		M50	36	00:15:37 (36)	00:01:59	00:40:31 (53)	00:01:43	00:24:05 (33)	01:23:56,18	
43	15	42	GOŁĄBEK PAWEŁ	ZMITEK TEAM	M30	4	00:20:09 (76)	00:01:40	00:38:26 (34)	00:01:48	00:22:01 (13)	01:24:03,67	
44	7	43	MATUSZAK MARIUSZ	TRIATHLON LUBLIN TEAM	M20	16	00:16:38 (47)	00:02:13	00:40:49 (58)	00:01:22	00:23:30 (25)	01:24:31,29	
45	16	44	WOLAŃSKI PIOTR	BRAK	M30	30	00:17:56 (60)	00:02:49	00:39:14 (40)	00:01:12	00:23:34 (26)	01:24:43,97	
46	2	2	JAROCKA MAŁGORZATA	STALOWOWOLSKI KLUB BIEGACZA	OPEN K	78	00:14:57 (29)	00:02:16	00:40:54 (59)	00:01:40	00:25:23 (47)	01:25:10,86	
47	8	45	ROGÓŻ MARCIN		M20	51	00:19:20 (72)	00:02:12	00:38:49 (38)	00:01:07	00:23:44 (28)	01:25:11,54	
48	14	46	WĄSIK MARCIN	YMCA	M40	31	00:15:39 (38)	00:02:51	00:40:11 (50)	00:01:59	00:24:36 (39)	01:25:14,89	
49	15	47	FYDA MARIUSZ		M40	9	00:16:36 (45)	00:01:58	00:39:25 (42)	00:01:25	00:26:03 (55)	01:25:26,47	
50	16	48	LIMBERGER MAREK	FLY4CAR	M40	58	00:14:52 (27)	00:02:14	00:38:38 (35)	00:02:36	00:27:47 (63)	01:26:06,54	
51	17	49	BLUJ ŁUKASZ	TRIATHLON JAROSŁAW	M30	52	00:15:33 (35)	00:01:46	00:40:06 (49)	00:01:37	00:28:04 (65)	01:27:05,60	
52	17	50	ROCZNIK BOGDAN	BENEFICJENCI MIKROURAZÓW	M40	13	00:17:13 (52)	00:03:08	00:40:01 (47)	00:02:27	00:24:19 (37)	01:27:07,57	

**TRIATLON SOKOŁA - 14.07.2018 - SOKOŁÓW MAŁOPOLSKI - WYNIKI**

Pozycja Open	Pozycja Kategoria	Pozycja OPEN K/M	Nazwisko	Team	KAT	Numer	Pływanie 750m	T1	Rower 20km	T2	Bieg 5km	Czas łączny	DNF
53	3	3	SOBASZEK-RZEŹNIK EWA		OPEN K	56	00:15:08 (32)	00:01:29	00:43:53 (73)	00:01:09	00:26:16 (57)	01:27:54,57	
54	18	51	KOŁUCKI TOMASZ		M30	55	00:20:01 (75)	00:02:57	00:39:25 (43)	00:01:14	00:24:31 (38)	01:28:07,90	
55	19	52	ROCZNIK GRZEGORZ	TRI-FUN.PL TEAM	M30	72	00:13:05 (10)	00:05:02	00:40:02 (48)	00:02:13	00:28:00 (64)	01:28:21,61	
56	1	4	KRAJ KINGA	NOKIA KRAKÓW	K20	69	00:15:15 (34)	00:02:15	00:40:40 (55)	00:01:50	00:28:25 (66)	01:28:24,12	
57	4	53	ROCHOWSKI PIOTR	STALOWOWOLSKI KLUB BIEGACZA	M50	2	00:18:39 (67)	00:02:33	00:39:52 (45)	00:01:27	00:25:59 (52)	01:28:29,78	
58	20	54	JURKIEWICZ MAREK	CHICKEN.PL	M30	80	00:16:21 (42)	00:01:52	00:40:22 (52)	00:02:06	00:28:32 (69)	01:29:13,20	
59	18	55	TABAKA ANDRZEJ		M40	25	00:20:42 (81)	00:01:47	00:40:34 (54)	00:01:08	00:25:53 (51)	01:30:03,86	
60	21	56	COŚ MIROSŁAW		M30	75	00:18:09 (62)	00:02:06	00:42:16 (67)	00:02:15	00:26:42 (58)	01:31:28,62	
61	19	57	PISZCZEK TOMASZ	NIEPOŁOMICIE BIEGAJĄ	M40	50	00:19:19 (71)	00:03:47	00:41:34 (63)	00:01:57	00:25:16 (45)	01:31:53,09	
62	5	58	KLIMASZ ZBIGNIEW	-	M50	68	00:20:38 (79)	00:02:22	00:41:07 (60)	00:01:42	00:26:10 (56)	01:31:59,14	
63	20	59	SZWED TOMASZ		M40	38	00:17:25 (55)	00:02:20	00:42:23 (69)	00:02:36	00:27:28 (60)	01:32:12,12	
64	22	60	MICHNO TOMASZ		M30	76	00:18:13 (64)	00:02:29	00:42:15 (66)	00:01:52	00:27:32 (61)	01:32:19,99	
65	23	61	CHMIEL ŁUKASZ		M30	62	00:18:10 (63)	00:02:34	00:38:48 (37)	00:01:48	00:31:14 (80)	01:32:34,04	
66	24	62	JAWORSKI MIKOŁAJ	KCP GÓRSKIE ORŁY	M30	71	00:18:39 (68)	00:01:57	00:40:48 (57)	00:01:41	00:29:36 (74)	01:32:40,73	
67	6	63	ZABOROWSKI ROBERT		M50	11	00:20:13 (78)	00:03:43	00:41:58 (64)	00:01:43	00:26:01 (54)	01:33:38,54	
68	21	64	MARSZAŁEK GRZEGORZ	SZYBKE SZYSZKI	M40	35	00:17:14 (53)	00:03:21	00:41:21 (62)	00:01:24	00:30:25 (77)	01:33:44,97	
69	1	5	STOPYRA PAULINA	TRIATHLON LUBLIN TEAM	K30	45	00:19:07 (70)	00:01:51	00:43:11 (71)	00:02:00	00:28:26 (67)	01:34:35,86	
70	7	65	SŁOBODZIAN ANDRZEJ	GB NA ZDROWIE	M50	6	00:22:10 (83)	00:02:43	00:43:17 (72)	00:01:37	00:25:10 (43)	01:34:56,22	
71	22	66	KUBICKI WOJTEK		M40	66	00:17:33 (57)	00:02:04	00:42:30 (70)	00:02:18	00:31:09 (79)	01:35:33,91	
72	2	6	POŹNIAK SYLWIA		K30	61	00:17:53 (59)	00:01:29	00:46:31 (82)	00:01:15	00:28:47 (70)	01:35:53,73	
73	8	67	TELEGA MICHAŁ	AMATOR	M50	39	00:20:55 (82)	00:03:19	00:41:12 (61)	00:01:45	00:29:32 (73)	01:36:42,52	
74	3	7	WOJAS JUSTYNA	NIEPOŁOMICIE BIEGAJĄ	K30	44	00:18:33 (66)	00:04:18	00:44:29 (76)	00:01:37	00:28:26 (68)	01:37:23,42	
75	23	68	MUSIAŁ WITOLD	ADAM CZERWIŃSKI TEAM	M40	42	00:18:16 (65)	00:04:37	00:45:12 (79)	00:01:37	00:27:41 (62)	01:37:23,61	
76	2	69	KĘPIŃSKI LESZEK		M60	89	00:17:32 (56)	00:02:32	00:42:17 (68)	00:03:09	00:32:01 (81)	01:37:30,14	
77	1	8	SZYMAŃSKA EWA	JAROSŁAWSKA GRUPA BIEGOWA SOKÓŁ/TRIATHLON JAROSŁAW	K50	41	00:18:51 (69)	00:03:15	00:44:37 (77)	00:01:44	00:29:09 (72)	01:37:36,41	
78	25	70	STOPYRA MICHAŁ	WILK	M30	19	00:20:41 (80)	00:02:30	00:44:45 (78)	00:02:00	00:30:43 (78)	01:40:37,99	

**TRIATLON SOKOŁA - 14.07.2018 - SOKOŁÓW MAŁOPOLSKI - WYNIKI**

Pozycja Open	Pozycja Kategoria	Pozycja OPEN K/M	Nazwisko	Team	KAT	Numer	Pływanie 750m	T1	Rower 20km	T2	Bieg 5km	Czas łączny	DNF
79	2	9	KEPIŃSKA ELŻBIETA		K50	88	00:19:49 (74)	00:02:52	00:46:17 (81)	00:02:23	00:30:16 (76)	01:41:36,24	
80	26	71	WOJNIK JÓZEF		M30	53	00:23:15 (85)	00:03:02	00:44:07 (75)	00:01:17	00:32:30 (82)	01:44:11,36	
81	9	72	MARUSZAK MICHAŁ	MKS WIERZBNA	M20	32	00:20:12 (77)	00:02:32	00:47:42 (83)	00:01:05	00:32:44 (83)	01:44:15,00	
82	24	73	SZCZEPOCKI ANDRZEJ	NIEPOŁOMICE BIEGAJĄ	M40	10	00:19:23 (73)	00:03:55	00:50:51 (84)	00:01:53	00:28:49 (71)	01:44:49,20	
83	9	74	WRONA ANDRZEJ	TRIATHLON LUBLIN TEAM	M50	73	00:16:32 (43)	00:03:04	00:45:38 (80)	00:03:45	00:36:06 (84)	01:45:03,63	
84	27	75	KUFEL GRZEGORZ	BIEGUSIEM.PL/CALYCZASDOPRZODU	M30	43	00:17:18 (54)	00:04:46	00:44:00 (74)	00:02:50	00:37:36 (85)	01:46:30,00	
85	25	76	KÖPPLINGER GRZEGORZ	ASSECO ACTIVE TEAM	M40	54	00:16:59 (49)	00:03:11	01:00:49 (85)	00:01:51	00:30:03 (75)	01:52:52,95	