

VI TRIATHLON SOKOŁA - 15.07.2023 - WYNIKI

Open	Kategoria	Nazwisko / Name	Team	Miasto / City	KAT	Numer	Pływanie 750m	T1	Rower 20km	T2	Bieg 5km	Czas łączny
1	1	MICHALSKI ANDRZEJ	TRIWISE / DELFIN TARNÓW	TARNÓW	OPEN M	63	00:11:08 (5)	00:00:50	00:28:40 (2)	00:00:56	00:18:37 (1)	01:00:11,51
2	2	MAŁEK MICHAŁ	BONTCYCLING	STARE ŻUKOWICE	OPEN M	55	00:11:08 (4)	00:00:43	00:28:05 (1)	00:00:56	00:20:37 (7)	01:01:28,86
3	3	RYBCZAK PAWEŁ	KUŹNIA TRIATHLONU	WARSZAWA	OPEN M	15	00:11:03 (3)	00:00:47	00:30:35 (9)	00:00:51	00:19:13 (2)	01:02:29,49
4	1	DUDZIAK TOMASZ	POLAR TEAM	KRAKÓW	M40	25	00:10:53 (2)	00:00:35	00:30:06 (6)	00:00:40	00:20:32 (6)	01:02:45,77
5	1	BAŁUT PIOTR	STYROBUD	MARKOWIZNA	M30	4	00:12:36 (12)	00:00:49	00:29:23 (3)	00:00:39	00:20:52 (8)	01:04:18,32
6	2	HOFFMANN WOJCIECH	BRZYSKITRITTEAM/CTS	KRAKÓW	M40	33	00:10:26 (1)	00:00:47	00:30:32 (8)	00:00:53	00:22:29 (18)	01:05:07,74
7	3	BURY MAREK	B3T	BABICA	M40	16	00:12:10 (8)	00:00:50	00:29:51 (5)	00:01:02	00:21:59 (12)	01:05:53,20
8	2	KLUZ PAWEŁ	KUŹNIA TRIATHLONU	WARSZAWA	M30	40	00:13:10 (19)	00:00:44	00:30:45 (10)	00:00:54	00:20:25 (5)	01:05:58,15
9	4	ROSPOND GRZEGORZ			M40	127	00:12:35 (11)	00:00:44	00:30:20 (7)	00:01:02	00:22:04 (13)	01:06:44,99
10	5	BRONICKI GRZEGORZ	BRZYSKI TRI TEAM	KRAKÓW	M40	14	00:12:36 (13)	00:01:08	00:29:48 (4)	00:00:55	00:22:31 (19)	01:06:58,45
11	1	BIELA TOMASZ	B3T	KRAKÓW	M20	10	00:12:40 (14)	00:00:40	00:32:15 (16)	00:00:57	00:22:14 (15)	01:08:46,01
12	3	FLIEGER PATRYK			M30	125	00:13:31 (24)	00:01:07	00:31:10 (12)	00:01:13	00:21:53 (11)	01:08:53,58
13	4	KOBYLAŃSKI KAMIL	MBC TEAM	RZESZÓW	M30	43	00:11:47 (6)	00:01:13	00:30:50 (11)	00:01:15	00:24:12 (42)	01:09:17,43
14	6	PAPKA MICHAŁ			M40	131	00:12:18 (9)	00:01:12	00:32:19 (17)	00:01:35	00:22:24 (16)	01:09:47,76
15	5	ŚWIĘŚ ŁUKASZ	-	TARNÓW	M30	109	00:13:54 (30)	00:01:03	00:32:50 (21)	00:01:09	00:21:02 (9)	01:09:56,67
16	6	HALAGARDA KRZYSZTOF	B3T	KRAKÓW	M30	30	00:12:42 (15)	00:01:39	00:34:41 (49)	00:01:04	00:20:17 (4)	01:10:22,67
17	2	KAMIŃSKI DOMINIK	-	ŁUKAWIEC	M20	37	00:12:34 (10)	00:01:13	00:33:50 (35)	00:01:24	00:22:11 (14)	01:11:12,16
18	7	SOKÓŁ ADAM	PROSWIM	RZESZÓW	M40	98	00:13:09 (18)	00:00:48	00:32:36 (19)	00:01:32	00:23:13 (29)	01:11:17,89
19	3	DYSZKIEWICZ RADOSŁAW	SZYMANOWSKI TRIATHLON TEAM	JAROSŁAW	M20	28	00:12:05 (7)	00:01:05	00:34:27 (47)	00:00:53	00:23:08 (25)	01:11:38,22
20	8	ŁUKASZCZYK PIOTR	HERBA TRIATHLON TEAM BIŁGORAJ	BIŁGORAJ	M40	53	00:13:28 (23)	00:00:38	00:33:57 (37)	00:01:22	00:22:26 (17)	01:11:51,26
21	9	PAWEŁ LEŚKO	GB SPORT	KIELANOWKA	M40	76	00:13:07 (17)	00:00:55	00:33:01 (24)	00:01:13	00:23:37 (33)	01:11:52,92
22	7	KRUDYSZ PRZEMYSŁAW	TRIATHLON JAROSŁAW	JAROSŁAW	M30	47	00:13:22 (22)	00:00:56	00:33:52 (36)	00:01:07	00:22:44 (20)	01:12:00,66
23	10	SAMOLEWICZ MAREK	SST LUBCZA	GŁOGÓW MAŁOPOLSKI	M40	90	00:14:01 (32)	00:00:46	00:33:18 (28)	00:01:05	00:23:05 (23)	01:12:15,13
24	1	SZADKOWSKI KRZYSZTOF	GRUPETTO GORLICE	GORLICE	M50	104	00:14:30 (41)	00:01:15	00:31:51 (14)	00:00:57	00:24:23 (44)	01:12:56,11
25	8	GOŁĄBEK PAWEŁ	ZMITEK TEAM NOWA DĘBA	KRZĄTKA	M30	29	00:15:01 (55)	00:00:48	00:32:34 (18)	00:01:01	00:23:34 (32)	01:12:57,81
26	11	KULANICA JAROSŁAW	PROGRESS TRIATHLON TEAM	BIŁGORAJ	M40	51	00:13:56 (31)	00:00:58	00:34:21 (46)	00:01:07	00:23:07 (24)	01:13:29,24
27	12	BANAŚ ŁUKASZ	SWIMTRI	RZESZÓW	M40	5	00:13:39 (26)	00:00:49	00:32:50 (22)	00:00:53	00:25:21 (52)	01:13:31,76
28	13	RADZIWIŃSKI MARCIN	GB SPORT	RZESZÓW	M40	84	00:14:38 (43)	00:00:56	00:33:17 (27)	00:01:04	00:23:47 (35)	01:13:42,44

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29	2	AFELTOWICZ CEZARY	TRI GERIATRIA RZESZOW	RZESZOW	M50	1	00:14:23 (38)	00:01:13	00:33:07 (25)	00:01:20	00:23:59 (39)	01:14:01,44
30	14	BAK BARTOSZ	MERCE.COM	GLIWICE	M40	8	00:14:45 (46)	00:01:19	00:32:43 (20)	00:01:13	00:24:04 (40)	01:14:04,30
31	15	WOJCIECHOWSKI MATEUSZ	EKO-ZIEMIA SP. Z O.O.	TARNÓW	M40	116	00:13:17 (21)	00:00:58	00:33:49 (33)	00:01:32	00:25:02 (48)	01:14:37,98
32	9	BAK KRYSZTIAN	SKP STRAŻAK	STAŁOWA WOLA	M30	7	00:14:54 (53)	00:00:56	00:33:50 (34)	00:01:28	00:24:09 (41)	01:15:16,78
33	4	SKOCZYŁAS ALEKSANDER	SZARE ŁOSIE	RZESZÓW	M20	92	00:13:05 (16)	00:00:45	00:35:14 (56)	00:01:23	00:25:06 (49)	01:15:32,68
34	16	JONKISZ MARCIN	TRIFUN	ŁAŃCUT	M40	36	00:13:43 (27)	00:00:42	00:33:30 (31)	00:01:06	00:26:45 (70)	01:15:45,92
35	17	SKOWROŃSKI TOMASZ	CYCLO-CENTRUM	KOLBUSZOWA	M40	94	00:14:16 (36)	00:01:34	00:31:37 (13)	00:01:33	00:26:47 (72)	01:15:46,18
36	10	MATUŁA PIOTR	TORINO TEAM	SOKOŁÓW MAŁOPOLSKI	M30	59	00:14:52 (51)	00:01:10	00:34:52 (51)	00:01:08	00:23:51 (37)	01:15:53,36
37	11	IRZEŃSKI MICHAŁ	SWIMTRI	RZESZÓW	M30	34	00:13:32 (25)	00:00:56	00:34:47 (50)	00:01:23	00:25:22 (53)	01:16:00,28
38	18	SUŁKOWSKI MACIEJ	TRIATHLON JAROSŁAW	JAROSAW	M40	103	00:13:47 (28)	00:01:27	00:36:15 (69)	00:01:13	00:23:42 (34)	01:16:22,92
39	12	KASPERCZYK MICHAŁ	MICHAŁ KASPERCZYK	KRAKÓW	M30	39	00:14:22 (37)	00:01:15	00:33:18 (29)	00:01:30	00:26:07 (63)	01:16:32,17
40	19	KUCZYŃSKI RAFAŁ			M40	49	00:16:10 (72)	00:00:45	00:34:55 (53)	00:01:02	00:23:48 (36)	01:16:38,89
41	3	MIROSZ ARTUR	-	RADOM	M50	68	00:15:26 (60)	00:00:37	00:35:55 (62)	00:01:16	00:23:27 (30)	01:16:41,81
42	4	SZYNALIK SŁAWOMIR	KIKATEAM	KRAKÓW	M50	108	00:13:12 (20)	00:01:29	00:34:17 (44)	00:01:19	00:26:29 (67)	01:16:46,35
43	20	MAJKA WALDEMAR	KRYTA PŁYWALNIA SOKOŁÓW MŁP.	SOKOŁÓW MŁP.	M40	54	00:15:49 (68)	00:01:36	00:35:02 (54)	00:01:25	00:23:11 (27)	01:17:03,43
44	13	ZIĘBA MATEUSZ	FOREVER TEAM	ŚWILCZA	M30	122	00:16:46 (79)	00:01:06	00:34:17 (43)	00:01:24	00:23:32 (31)	01:17:04,55
45	5	PUZIO KAMIL	-	WOLA RANIŻOWSKA	M20	82	00:17:26 (92)	00:01:16	00:34:11 (42)	00:01:22	00:23:04 (22)	01:17:18,75
46	21	BIJOŚ MIROSLAW	DAWAJ MISIEK :)	GŁOGÓW MAŁOPOLSKI	M40	12	00:14:44 (45)	00:01:40	00:34:02 (40)	00:01:19	00:25:39 (58)	01:17:23,67
47	14	SZYBISTY MATEUSZ	-	TRZEBUSKA	M30	106	00:15:24 (59)	00:01:19	00:32:06 (15)	00:01:35	00:27:06 (77)	01:17:30,13
48	6	MIREK MACIEJ	-	KRAKÓW	M20	67	00:13:50 (29)	00:01:04	00:35:59 (63)	00:01:03	00:25:36 (56)	01:17:31,94
49	15	DEC ZBIGNIEW	PEP	RZESZÓW	M30	23	00:14:39 (44)	00:01:29	00:34:53 (52)	00:01:14	00:25:41 (59)	01:17:55,78
50	22	KOLANO KRZYSZTOF	-	KAMIEN	M40	44	00:15:45 (67)	00:01:16	00:33:12 (26)	00:01:05	00:26:46 (71)	01:18:02,62
51	16	GĄCIARZ MATEUSZ	PROSWIM		M30	38	00:19:00 (104)	00:01:24	00:33:00 (23)	00:01:31	00:23:09 (26)	01:18:04,41
52	23	PASIERB PAWEŁ	-	SOKOŁÓW MAŁOPOLSKI	M40	75	00:15:27 (61)	00:01:40	00:34:09 (41)	00:01:13	00:25:39 (57)	01:18:08,31
53	24	PAWLINA MARCIN	-	JAMNICA	M40	77	00:14:05 (33)	00:00:55	00:34:01 (39)	00:02:33	00:26:40 (69)	01:18:14,80
54	17	CHMIEL ŁUKASZ	-	RZESZÓW	M30	17	00:17:22 (89)	00:01:33	00:34:01 (38)	00:01:10	00:24:50 (47)	01:18:56,26
55	18	TELEGA BARTŁOMIEJ	PRZEWORSKA GRUPA BIEGOWA	PRZEWORSK	M30	111	00:15:53 (69)	00:01:42	00:36:08 (68)	00:01:24	00:23:52 (38)	01:18:58,46
56	25	NOWORYTA BARTOSZ	DELFINEK	KRAKÓW	M40	70	00:17:06 (83)	00:01:39	00:37:12 (78)	00:01:20	00:21:51 (10)	01:19:08,35

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57	7	WIĘCEK MAREK	WIĘCŁAW TEAM	RANIŻÓW	M20	113	00:16:32 (77)	00:01:33	00:35:25 (57)	00:01:11	00:24:38 (46)	01:19:18,65
58	5	TROJANOWSKI PIOTR	-	RUDNIK NAD SANEM	M50	112	00:14:54 (52)	00:01:20	00:36:39 (71)	00:01:18	00:25:09 (50)	01:19:20,74
59	8	WYKA TOMASZ	SKP STRAŻAK	KAMIEŃ	M20	119	00:15:56 (71)	00:02:14	00:36:54 (75)	00:01:10	00:23:12 (28)	01:19:25,84
60	9	BEDNARCZYK BARTŁOMIEJ	-	STANY	M20	9	00:15:17 (56)	00:00:58	00:36:17 (70)	00:01:03	00:25:54 (60)	01:19:29,07
61	1	STĘPKOWSKA BERTA	MROZEK TRI TEAM/ UMCS BIEGA	LUBLIN	OPEN K	100	00:14:14 (35)	00:01:04	00:38:39 (92)	00:01:08	00:24:25 (45)	01:19:31,51
62	19	OGOŻAŁEK MATEUSZ			M30	126	00:14:08 (34)	00:01:14	00:35:29 (58)	00:01:47	00:27:19 (80)	01:19:58,05
63	20	BIELSKI BARTŁOMIEJ	MROZEK TRI TEAM	LUBLIN	M30	11	00:17:34 (94)	00:01:41	00:34:18 (45)	00:01:17	00:25:12 (51)	01:20:02,04
64	26	ROSIEK GRZEGORZ	TRIWISE	BOLECHOWICE	M40	86	00:16:43 (78)	00:01:11	00:33:19 (30)	00:01:12	00:27:49 (82)	01:20:14,07
65	21	MOSUR RAFAŁ	BUT BIŁGORAJ ULTRA TRAIL		M30	42	00:15:21 (58)	00:00:44	00:35:11 (55)	00:01:09	00:27:51 (83)	01:20:16,52
66	2	BATOR-KOPECKA MAGDALENA			OPEN K	130	00:14:45 (49)	00:01:17	00:36:08 (67)	00:01:22	00:26:54 (75)	01:20:25,80
67	22	CZOP KASPER	B3T-BRZYSKI TRI TEAM	RZESZÓW	M30	20	00:14:45 (48)	00:01:44	00:36:02 (65)	00:01:28	00:26:49 (73)	01:20:47,94
68	27	KOBAK MARCIN	-	CZARNA	M40	41	00:14:37 (42)	00:01:23	00:38:05 (86)	00:01:38	00:25:26 (55)	01:21:09,46
69	3	SOLARCZYK PAULINA			OPEN K	99	00:17:02 (82)	00:02:12	00:36:01 (64)	00:01:37	00:24:22 (43)	01:21:13,55
70	23	OŻÓG DAWID	PROSWIM	NIENADÓWKA	M30	72	00:15:19 (57)	00:01:10	00:37:57 (83)	00:01:27	00:25:26 (54)	01:21:20,18
71	24	WOŁOSZ MARCIN	JAROSŁAWSKA GRUPA BIEGOWA SOKÓŁ	JAROSŁAW	M30	117	00:18:51 (102)	00:01:09	00:36:53 (74)	00:01:50	00:22:48 (21)	01:21:31,18
72	10	WIĘCEK DAMIAN			M20	129	00:17:13 (85)	00:01:23	00:35:49 (61)	00:01:20	00:26:05 (61)	01:21:51,31
73	25	KOPECKI ANDRZEJ	-	RZESZÓW	M30	45	00:16:11 (74)	00:01:05	00:36:04 (66)	00:01:14	00:27:17 (78)	01:21:51,47
74	6	PAJDA JAROMIR	TRIATHLON JAROSŁAW	JAROSŁAW	M50	74	00:14:24 (39)	00:01:41	00:38:02 (84)	00:01:37	00:26:06 (62)	01:21:51,71
75	28	MICHNO TOMASZ	SIGNUM	RZESZÓW	M40	64	00:16:29 (76)	00:01:29	00:36:42 (72)	00:01:18	00:26:11 (64)	01:22:09,23
76	26	SKOCZYŁAS ADRIAN	SZARE ŁOSIE	RZESZÓW	M30	93	00:14:45 (47)	00:00:55	00:36:44 (73)	00:01:44	00:28:12 (87)	01:22:20,21
77	1	MIKA-HOFFMANN MAGDALENA	BRZYSKITRITEAM	KRAKÓW	K40	66	00:15:40 (64)	00:01:18	00:37:07 (77)	00:01:14	00:27:17 (79)	01:22:36,57
78	27	ŻYTAR PAWEŁ	WW TEAM	LUBLIN	M30	124	00:16:55 (80)	00:01:17	00:35:45 (60)	00:01:36	00:28:29 (90)	01:24:01,94
79	29	KUS JACEK			M40	128	00:15:31 (62)	00:01:44	00:37:02 (76)	00:01:43	00:28:24 (89)	01:24:23,40
80	28	POPIOŁEK KRZYSZTOF	-	KRAKÓW	M30	78	00:17:21 (88)	00:01:14	00:34:30 (48)	00:01:27	00:30:33 (98)	01:25:04,22
81	7	CZYŻOWSKI WOJCIECH	-	RZESZÓW	M50	22	00:15:35 (63)	00:01:55	00:38:53 (93)	00:01:09	00:27:59 (85)	01:25:31,64
82	11	SOBOL MARCIN	-	PRZEMYŚL	M20	96	00:15:55 (70)	00:02:03	00:40:26 (102)	00:01:35	00:26:27 (66)	01:26:26,30
83	1	ŚWINIUCH ZBIGNIEW	MARATOŃCZYK DĘBICA	DĘBICA	M60	110	00:19:12 (105)	00:01:59	00:33:34 (32)	00:02:10	00:29:44 (96)	01:26:38,35
84	29	WOŁOSZYN MAREK	DSI UNDERGROUND	JAROCIN	M30	118	00:24:36 (116)	00:03:02	00:37:24 (80)	00:01:25	00:20:14 (3)	01:26:40,69

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85	2	RACHWAŁ CHMURA MAGDALENA	FALA	ROPCZYCE	K40	83	00:16:10 (73)	00:01:20	00:39:00 (95)	00:01:07	00:29:18 (95)	01:26:55,08
86	30	BAK TYMOTEUSZ	-	RZESZÓW	M30	6	00:17:19 (86)	00:01:45	00:39:15 (97)	00:01:19	00:27:28 (81)	01:27:05,84
87	8	SKOCZYŁAS ROBERT	SZARE ŁOSIE	RZESZÓW	M50	91	00:19:55 (107)	00:02:03	00:37:14 (79)	00:01:13	00:26:57 (76)	01:27:20,49
88	1	MANIAWSKA MAJA	-	RZESZÓW	K30	56	00:17:09 (84)	00:01:23	00:35:41 (59)	00:01:30	00:31:43 (104)	01:27:25,04
89	3	JATA MARTA	MROZEK TRI TEAM/ UMCS BIEGA	LUBLIN	K40	35	00:15:41 (65)	00:01:28	00:39:45 (100)	00:01:31	00:29:16 (94)	01:27:41,98
90	30	DUSZŁAK ŁUKASZ	-	MIELEC	M40	26	00:14:29 (40)	00:02:20	00:38:16 (88)	00:01:41	00:31:07 (101)	01:27:52,54
91	4	SZEWCZYK MONIKA	BRZYSKITRITTEAM	KRAKÓW	K40	105	00:15:42 (66)	00:02:04	00:39:48 (101)	00:01:55	00:29:15 (93)	01:28:43,38
92	31	DEPTA DARIUSZ	-	KRAKÓW	M30	24	00:15:00 (54)	00:00:57	00:43:10 (109)	00:01:35	00:28:02 (86)	01:28:44,03
93	2	LUTAK AGNIESZKA	JAK ŻÓŁWIE W GALOPIE	ZARZECZE	K30	52	00:19:31 (106)	00:01:15	00:38:04 (85)	00:01:26	00:29:01 (91)	01:29:17,11
94	32	PTAK BARTOSZ	-	KRAKÓW	M30	79	00:18:48 (100)	00:01:47	00:39:29 (98)	00:00:58	00:28:20 (88)	01:29:20,87
95	31	MARZĄŁEK GRZEGORZ	SZYBKIE SZYSZKI	SĘDZISZÓW MAŁOPOLSKI	M40	58	00:17:24 (90)	00:01:25	00:38:29 (89)	00:01:25	00:30:47 (100)	01:29:30,71
96	3	STOCH ANNA			K30	101	00:17:42 (96)	00:03:44	00:39:04 (96)	00:02:01	00:27:53 (84)	01:30:23,97
97	32	ROŚĆ DAWID	-	RZESZÓW	M40	87	00:17:25 (91)	00:01:07	00:37:31 (82)	00:01:59	00:32:47 (107)	01:30:50,14
98	4	KOŚCIÓŁEK ANNA	-	RZESZÓW	K30	46	00:17:27 (93)	00:01:13	00:37:26 (81)	00:01:58	00:32:47 (106)	01:30:52,01
99	33	ZYCH MICHAŁ	MARKETVITA	RZESZÓW	M40	123	00:20:01 (108)	00:01:47	00:41:05 (103)	00:02:11	00:26:26 (65)	01:31:29,84
100	2	BABIARZ ROBERT	PRZ	RZESZÓW	M60	3	00:18:42 (99)	00:01:38	00:38:36 (91)	00:01:37	00:31:16 (102)	01:31:49,58
101	1	MROCEK KAROLINA	WIĘCŁAW TEAM		K20	114	00:23:47 (113)	00:01:43	00:38:58 (94)	00:01:17	00:26:36 (68)	01:32:19,81
102	3	ZAJĄC TADEUSZ	-	LUBACZÓW	M60	121	00:18:50 (101)	00:02:46	00:38:15 (87)	00:02:32	00:30:25 (97)	01:32:48,33
103	5	NYCZ DOMINIKA	-		K30	97	00:14:47 (50)	00:01:23	00:38:35 (90)	00:01:37	00:37:14 (113)	01:33:36,70
104	4	ZABOROWSKI ROBERT	MARATOŃCZYK DĘBICA	DĘBICA	M60	120	00:17:40 (95)	00:03:08	00:42:02 (107)	00:02:23	00:29:12 (92)	01:34:25,58
105	12	MARCINOWSKI PAWEŁ	-	RZESZÓW	M20	57	00:16:17 (75)	00:01:28	00:42:40 (108)	00:01:42	00:32:23 (105)	01:34:28,94
106	9	MAZGAJ JACEK	-	TRZEBOŚ	M50	60	00:17:02 (81)	00:01:33	00:39:33 (99)	00:01:54	00:35:27 (109)	01:35:29,79
107	10	NOWAK KRZYSZTOF	FALA		M50	18	00:17:20 (87)	00:01:59	00:41:45 (105)	00:01:38	00:35:40 (110)	01:38:21,69
108	5	ROCHOWSKI PIOTR	STALOWOWOLSKI KLUB BIEGACZA	STALOWA WOLA	M60	85	00:21:35 (110)	00:01:43	00:41:56 (106)	00:01:49	00:31:27 (103)	01:38:29,97
109	1	SZYMAŃSKA EWA	TRIATHLON JAROSŁAW	JAROSŁAW	K50	107	00:18:09 (97)	00:02:07	00:45:13 (112)	00:01:45	00:34:47 (108)	01:42:02,02
110	6	SŁOBODZIAN ANDRZEJ	GB NA ZDROWIE	SOKOŁÓW MŁP	M60	95	00:21:58 (111)	00:03:23	00:43:53 (110)	00:02:35	00:30:37 (99)	01:42:26,94
111	13	STOPYRA KAMIL	-	SOKOŁÓW MAŁOPOLSKI	M20	102	00:23:59 (114)	00:01:37	00:47:22 (113)	00:02:44	00:26:52 (74)	01:42:33,66
112	33	KUFEL GRZEGORZ	STAY INSANE	LUBLIN	M30	50	00:19:00 (103)	00:04:25	00:41:13 (104)	00:02:15	00:39:51 (115)	01:46:44,70

VI TRIATHLON SOKOŁA - 15.07.2023 - WYNIKI

Open	Kategoria	Nazwisko / Name	Team	Miasto / City	KAT	Numer	Pływanie 750m	T1	Rower 20km	T2	Bieg 5km	Czas łączny
113	5	MODRYKAMIEŃ BARBARA	-	RADOM	K40	69	00:21:14 (109)	00:01:42	00:49:22 (114)	00:02:32	00:36:31 (112)	01:51:21,48
114	34	DYLAĞ JAREK	RENGLODA	RZESZÓW	M40	27	00:24:02 (115)	00:02:31	00:44:37 (111)	00:02:54	00:45:43 (116)	01:59:46,94
115	7	MICHALCZUK ZENON	-	LISZNA	M60	61	00:23:42 (112)	00:03:32	00:54:42 (115)	00:02:11	00:39:13 (114)	02:03:20,39
116	11	ALCIBAR MARTINEZ CESAR	BIEGAM BO LUBIĘ	LEŻAJSK	M50	2	00:25:01 (117)	00:03:59	00:57:47 (116)	00:02:27	00:36:05 (111)	02:05:18,81
DNF	DNF	MIERZWA SZYMON	BRZYSKI TRI TEAM - B3T	RZESZÓW	M30	65	00:18:10 (98)	00:01:48				DNF